

The class of 1993 was the first to graduate from the new facility. Built with growth in mind, the passive solar building offers a spacious learning environment, as well as a library, supply and bookstore, student lounge, spa, and sauna. **Students are able to stroll around the campus trails during breaks and off-hours, seasonally utilizing sneakers or skis.** They even enjoy skating on the 30-acre pond. In 2006 began with new changes in our concentrations. The curriculum was updated to reflect national trends. We increased student clinic hours, and by popular demand added another Deep Tissue course. Sports Massage and Introduction to CranioSacral are part of the core curriculum as is Introduction to Oncology Massage. We then renamed our massage course to Therapeutic Massage to embrace other modalities besides Swedish. In the fall of 2016, our 59th class began its journey toward mastering the art and science of massage therapy. In 2024 we added mental health and wellbeing education to our curriculum and changed the name of our Deep Tissue Course to Intentional Massage. This just shows **DSM is committed to expanding with the profession** to offer its students as many opportunities in the field as possible.

Since 1974, Nancy Dail has promoted massage therapy in Maine, nationally, and internationally. She has served on numerous AMTA committees and the National Board. She helped create the AMTA Maine Chapter, the Commission on Massage Training Accreditation, the AMTA Council of Schools, and the AMTA National Sports Massage Team. In 1996 she was selected to work at the Olympic Village Sports Medicine Clinic, where she provided sports massage for athletes from all over the world. Nancy presented for 8 years with the faculty of David Eisenberg's annual Complementary and Integrative Medicine Symposium, sponsored by Harvard Medical in Boston. In September of 1997, she traveled to Belgorod, Russia, and was a keynote speaker at the Sports Medicine Conference at the University of Belgorod and Medical College. Nancy continues to teach workshops internationally for her text Kinesiology for Manual Therapies and for her DVD A Gift of Touch. The second edition of her Kinesiology book just recently released in 2024.

Nancy's schedule still includes some teaching at DSM, however, her priority is moving forward in assurance this community she built will have a long lasting future! She also continues to have her hand on the pulse of the needs of moving the massage profession forward in our world and she continues to be a key voice in areas very much needed.

Emily Waltz, as the daughter of Nancy, has been around DSM her whole life. She graduated with a B.S. in Marine Biology and minor in Arts from University of Rhode Island in 2002 and graduated from DSM in 2004. Emily is involved with almost every aspect of DSM and is continuing to carry on the legacy her mom began. All you have to do is ask Emily one question about massage to see her knowledge, experience, passion and love of this science and art come through. Her eyes shine as bright as the future of the school and profession of massage!

DSM offers a team of faculty committed to the field! Many of our instructors are involved in outside professional endeavors and bring their enthusiasm, knowledge and unique experience to all classes they teach.